

Support when someone you love has died from leukaemia

We're so sorry you've lost someone you love. We know what a difficult time this must be, and how much there is to think about.

You're probably feeling a mix of emotions, and things might feel overwhelming right now. We're here for you when you're ready.

leukaemiacare.org.uk



Leukaemia Care

Support we can offer you

Leukaemia Care are here to support you whenever you need us. Here are some ways we can help.

Freephone Helpline



It can help to talk to someone about what you've been through and how you feel. We offer a listening ear, emotional support and practical advice.

- Call **08088 010 444** (weekdays 9am to 4.30pm)
- Send a WhatsApp message to **07500 068065** (weekdays 9am to 5pm)
- Email support@leukaemiacare.org.uk

Bereavement counselling



Coping with bereavement is hard. You might have a lot of emotions that are difficult to come to terms with. You may have painful memories of supporting someone you love at the end of their life. If you're finding it hard to cope, we can

help you access up to six sessions of remote or in-person counselling, free of charge.

Bereavement support group



You might find it comforting to talk to people who know what you're going through. We run regular online support groups for people who've lost someone to leukaemia. These are a safe place to share your feelings with people who understand.

Online bereavement support



If you'd prefer to connect online, we have a Facebook bereavement group, moderated by trained volunteers. Here, you can connect with people in a similar situation to you.

Advocacy and welfare service



When someone close to you dies, it might affect your living situation, work life or finances. We are here to help. We offer advice on financial support, housing, employment issues and more.

In memory



When you're ready, you might want to think of ways to celebrate the life of the person you've lost and how much they meant. Some people scatter ashes in a meaningful place, plant a tree, make a keepsake, or have a big party. Or you might want to choose one of our In Memory options and help other people affected by leukaemia. You may want to:

- Create an online tribute page where family and friends can share photos, memories and messages
- Hold a collection or make a donation in their memory
- Host a fundraising event or take part in a fundraising challenge in their honour

To access any of these services or find out more:

- Scan the QR code or visit leukaemicare.org.uk
- Call **08088 010 444**
- Email bereavement@leukaemicare.org.uk



Other places to find support

Some UK charities provide specialist bereavement support. Others can tell you about practical things to do after someone dies. Here are some you might find helpful.

Bereavement charities

Cruse Bereavement Support

- Specialist bereavement support
- [cruse.org.uk](https://www.cruse.org.uk)
- 0808 808 1677

The National Bereavement Service

- Practical and legal guidance for bereaved people
- [thenbs.org](https://www.thenbs.org)
- 0800 0246 121

AtaLoss

- Online hub signposting people to bereavement support
- [ataloss.org](https://www.ataloss.org)

The Loss Foundation

- Support for people bereaved through cancer
- [thelossfoundation.org](https://www.thelossfoundation.org)
- 0300 200 4112

Child Bereavement UK

- Support for people who've lost a child and for bereaved children
- [childbereavementuk.org](https://www.childbereavementuk.org)
- 0800 02 888 40



Grief Encounter

- Support for bereaved children and young people
- griefencounter.org.uk
- 0808 802 0111

Winston's Wish

- Bereavement support for children, young people and their families
- winstonswish.org
- 08088 020 021

Child Death Helpline

- Freephone helpline for anyone affected by the death of a child
- childdeathhelpline.org.uk
- 0800 282 986

The Compassionate Friends

- Peer support for bereaved parents, adult siblings and grandparents
- tcf.org.uk
- 0345 123 2304

Charities with bereavement services

Macmillan Cancer Support

- Information and support for all types of cancer
- Search 'loss and bereavement' at [macmillan.org.uk](https://www.macmillan.org.uk)
- 0808 808 00 00

Maggie's

- Support and advice for people affected by cancer
- Choose 'supporting someone with cancer' at [maggies.org](https://www.maggies.org) and select 'bereavement support'

Marie Curie

- End of life care and support
- Search 'grief' at [mariecurie.org.uk](https://www.mariecurie.org.uk)
- 0800 090 2309

Sue Ryder

- Support for people who are grieving and people who are dying
- Select 'grief support' at [sueryder.org](https://www.sueryder.org)

Hospice UK

- Support and advice on hospice and end of life care
- Choose 'information and support' at [hospiceuk.org](https://www.hospiceuk.org) and select 'I need support with a bereavement'

Practical support

UK government

- Guidance on registering a death, dealing with wills, and financial support you may be eligible for
- Search 'death and bereavement' at [gov.uk](https://www.gov.uk)

Citizens Advice

- Practical advice whatever the problem, including what to do when someone dies
- Search 'wills' at citizensadvice.org.uk
- 0800 144 8848 (England)
- 0800 702 2020 (Wales)
- 0800 028 1456 (Scotland)

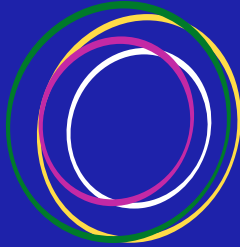
MoneyHelper

- Impartial guidance about money, including wills, inheritance tax and funeral costs
- Search 'death and bereavement' at moneyhelper.org.uk

General support

Samaritans

- Listening and support at any time for any reason
- [samaritans.org](https://www.samaritans.org)
- 116 123



We care.

It's in our name, and it's in our nature.

Every single day, we support people through the hardest times with information, support, kindness, and care that lasts.

Call our freephone helpline: **08088 010 444**

Message us on WhatsApp: **07500 068065**

Visit: **leukaemiacare.org.uk**

Email: **support@leukaemiacare.org.uk**

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