



Support after a diagnosis

What Leukaemia Care can offer
people affected by leukaemia,
myelodysplastic syndromes or
myeloproliferative neoplasms

leukaemiacare.org.uk



Leukaemia Care

About **Leukaemia** Care

Getting a diagnosis of leukaemia, myelodysplastic syndrome (MDS) or a myeloproliferative neoplasm (MPN) can be overwhelming. You probably have lots of questions and aren't sure where to turn.

You are not alone.

We're here to support you, whether you're affected yourself or know someone who is. Here are some ways we can help.



Helpline: Contact us for advice, support or a listening ear.

- Call our freephone helpline: **08088 010 444** (weekdays 9am to 4.30pm)
- Message us on WhatsApp: **07500 068065** (weekdays 9am to 4.30pm)
- Email [**support@leukaemiacare.org.uk**](mailto:support@leukaemiacare.org.uk)



Advocacy: Support to navigate work, the healthcare system, treatment options and understand your rights.



Welfare: Get help with benefits, grants and everyday practical support.



Support groups: Connect, share experiences and find comfort from other people who've been affected by a diagnosis.



Buddy support: Chat to someone who's had a similar experience to you and understands what you're going through.



Facebook groups: Connect online with other people affected by a diagnosis, including carers.



Counselling service: Access up to six sessions of counselling to help you cope with the emotional impact of a diagnosis.



Cost of living service: Apply for a one-off grant to help with essential living costs.



Information: Find reliable information online and in print.



Navigators: Talk to our navigators, based in some UK hospitals, for information, support and help to access our services.

To access our services or find out more:

- Scan the QR code
- Call **08088 010 444**
- Select 'support and community' at leukaemicare.org.uk



How we help

“ Leukaemia Care have been by my side from the beginning. They helped with benefits, gave me a buddy and supported my mental health. I’ll always be grateful.

In hospital, a Leukaemia Care navigator visited me every week and went through everything they offer. When I came home, I got in touch about any benefits I might be entitled to. They helped me apply for PIP. There were so many questions on the form, I had no idea where to start. Leukaemia Care helped me answer them all.

When my mental health deteriorated, Leukaemia Care provided me with funding for six sessions of counselling with a therapist. I have also been paired up with a wonderful buddy, somebody who has gone through this. ”

Emma, diagnosed with acute myeloid leukaemia (AML) in 2024





“ Leukaemia Care are so kind and understanding. They have been truly amazing with their information, buddy support, real-life stories, and in particular their Helpline.

I have been so grateful for the kindness and support the Helpline provides every time I need it. The Helpline nurse listens with so much empathy. She really understands the impact of my diagnosis on myself and my family and offers support and guidance every time we speak. She is so supportive and always takes the time to remind me how well I am coping.

I know everyone’s experience will be different, but I have found great support in talking to my buddy as well. ”

Marc, living with chronic myeloid leukaemia (CML) since 2020



If you'd like to help us

We know you have a lot to process right now. But if you, or someone you know, would like to help us, here are some things you can do.



Share your story. This can help others in a similar situation. It also helps raise awareness. Email communications@leukaemicare.org.uk



Volunteer with us. Whether you can give a few minutes online or commit to a regular role, there are many ways to get involved. Email volunteering@leukaemicare.org.uk



Fundraise for us. Every fundraising activity or event, big or small, helps us support the people who need us. Email fundraising@leukaemicare.org.uk

For more information:

- Scan the QR code or visit leukaemicare.org.uk
- Call **08088 010 444**
- Email the addresses above





Donate to us

Whether you can give a little or a lot, your donation means faster diagnosis, all-rounded care, and better days ahead. There are so many ways you can give. Find one that fits you!

- By bank transfer
 - Account name: **Leukaemia Care**
 - Sort code: **20-98-61**
 - Account number: **80823805**
- By cheque
 - Please make your cheque payable to **Leukaemia Care**
 - Post it to **Leukaemia Care, One Birch Court, Blackpole East, Worcester, WR3 8SG**
- Online
 - Visit leukaemicare.org.uk
- By phone
 - Call **08088 010 444** to donate by debit or credit card
- By text
 - Text **LEUKCARE** to **70490** to donate £5



Leukaemia Care supports anyone affected by leukaemia or blood cancers called MDS and MPN. Whether you're living with it, loving someone through it, or coping with the impact of it, you're not alone.

Every single day, we support people through the hardest times with information, kindness and care. We are here for you.

Want to talk?

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Leukaemia Care, One Birch Court,
Blackpole East, Worcester, WR3 8SG

Version: 2a
Reviewed: 02/2026
Updated: 04/2026
Next review: 02/2029



Leukaemia Care is registered as a charity in England and Wales (no. 1183890) and Scotland (no. SCO49802). Company number: 11911752 (England and Wales). Registered office address: One Birch Court, Blackpole East, Worcester, WR3 8SG