

Swear Jar Challenge

Turn your curse words into **care**



Pick a week in **September**, sign up, and see who swears the most!



Tally up and pay your fines at end the of the week on our **JustGiving campaign page**.

Your donations help raise awareness of the signs and symptoms of leukaemia to aid early diagnosis.
Symptoms are not a dirty word.

To find out more about the challenge, or to donate online, scan the QR code:

